

Green Foods™

The Experts in Green Nutrition

POTENT SUPERFOOD ANTIOXIDANT BLEND



BERRY BARLEY ESSENCE™

A BURST OF POWERFUL SUPERFOODS IN EVERY GLASS!





BERRY BARLEY ESSENCE™

Berry Barley Essence™ contains a unique, certified organic blend of 12 rare and wild berries, organic barley grass juice, goji berry extract, and Oliggo-Fiber™ Inulin creating a complete and potent super-food blend that provides the entire body with unsurpassed antioxidant and anti-aging protection.*

HEALTH BENEFITS

Organic Barley Grass Juice Powder

The barley grass juice powder found in Berry Barley Essence™ is made from fresh, certified organic barley leaves harvested at the peak of their nutrition. Barley grass juice is well-known for providing essential nutrients that are lacking in most diets. Since our bodies easily absorb and utilize all of the natural occurring nutrients found in barley, we become naturally energized.

Oliggo-Fiber Inulin

Oliggo-Fiber Inulin is a powerful prebiotic that promotes healthy gut flora along with a rich soluble fiber to help support good digestion.

Goji Berry Extract

Goji berries are considered a superfruit and one of the world's most nutritious berries. They contain all 19 amino acids and the complete spectrum of antioxidants. They provide more vitamin C than oranges, more beta-carotene than carrots and more iron than spinach.

Organic Berry Blend

Organic berries rich in beautiful red, purple, and blue colors can provide some of the most powerful and significant health benefits. Each type of berry provides different benefits to distinct parts of the body. Organic bilberries for instance, support healthy vision, while organic blueberries are known to protect the brain.*

Great Tasting

Berry Barley Essence™ is a naturally great tasting product. Its smooth, mild berry taste makes it ideal for everyday use.

Supplement Facts

Serving size 2 Teaspoons (5g)

Amount per serving	%DV*
Total Calories	20
Calories from fat	1
Total Fat	0.1 g <1%
Saturated Fat	0.1 g <1%
Cholesterol	0.1 mg 0%
Protein	0.7 g 1%
Total Carbohydrate	4 g 1%
Sugars	0.7 g **
Dietary Fiber	0.8 g 3%
Vitamin A	3 IU <1%
Vitamin C	1 mg 2%
Sodium	20 mg <1%
Calcium	11 mg 1%
Iron	1 mg 6%
Organic Barley Grass Juice Powder	2,500 mg **
Oliggo-Fiber™ Inulin	1,000 mg **
Goji Berry Extract	467 mg **
Organic Berry Blend	92 mg **
(Wild bilberry, wild lingonberry, black currant, aronia, wild blueberry, pomegranate, concord grape, red raspberry, sour cherry, wild elderberry, wild cranberry, black raspberry)	
Other Ingredients: raspberry, strawberry, and other natural flavors	
*Percent Daily Values based on a 2,000 calorie diet.	
**Daily Value not established	

Available Sizes: 5.3oz

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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